



香港復康會
The Hong Kong Society
for Rehabilitation



HKSR 60th Anniversary Symposium and Workshops

“New Perspectives on Holistic Rehabilitation and Social Inclusion towards 2030”

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*Collaboration on implementing the WHO
Western Pacific Regional Framework on Rehabilitation*

Mr. Darryl BARRETT

*Technical Lead, Disabilities and Rehabilitation and Blindness Prevention,
Division of NCD and Health through the Life-Course,
Regional Office for the Western Pacific, World Health Organisation*

Collaboration on implementing the WHO Western Pacific Regional Framework on Rehabilitation



World Health
Organization

***Leading the Paradigm Shift
on
Rehabilitation in Hong Kong***



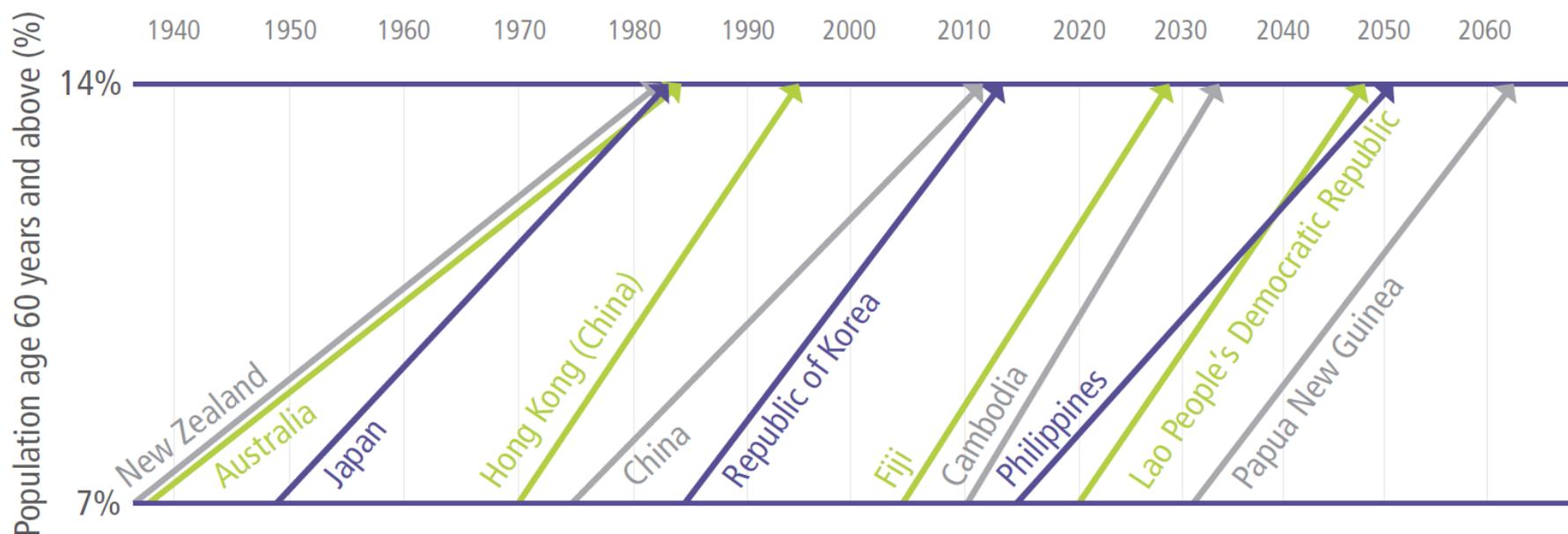
Paradigm Shift...



Demographic and health changes

- Ageing populations
 - By 2050, 1 in 4 people will be aged over 60

Figure 1. Population ageing, selected countries, Western Pacific Region, 1940–2060

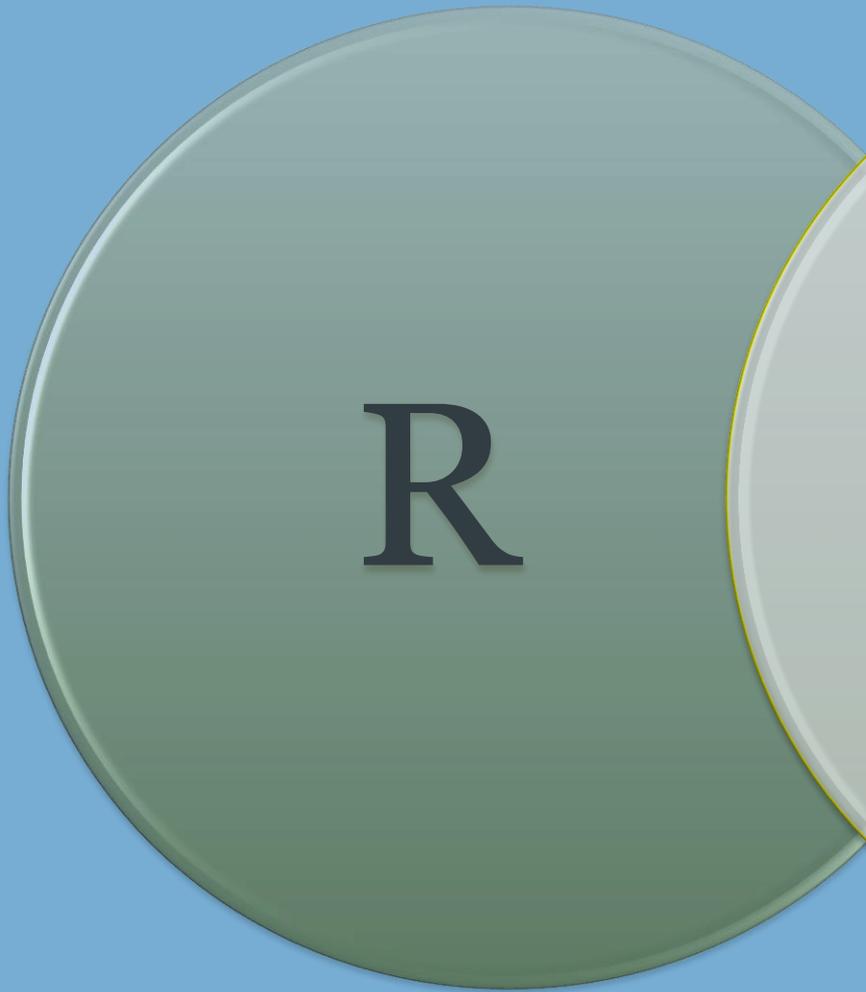


Source: World Population Prospects: The 2012 Revision. New York: United Nations Department of Economic and Social Affairs, Population Division; 2012 (<http://esa.un.org/unpd/wpp/index.htm>, accessed 15 August 2013).

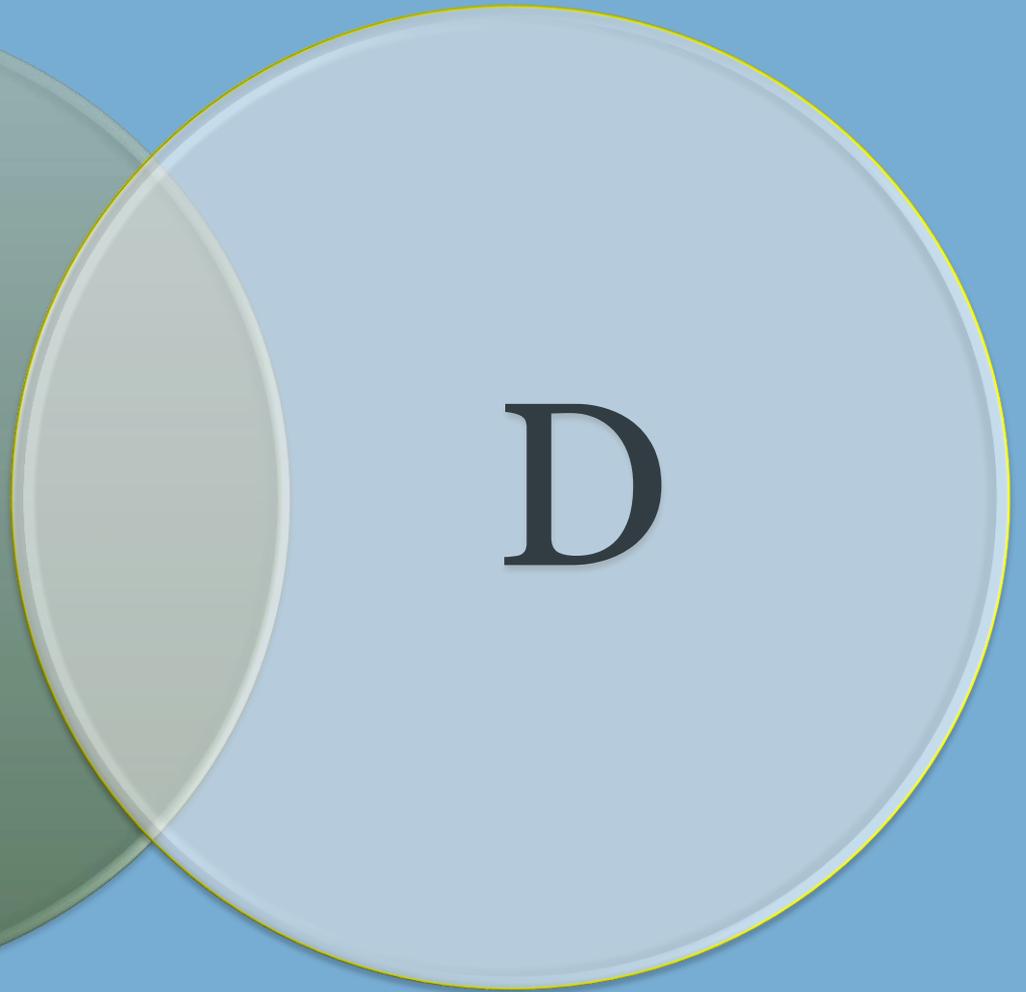
- Increasing in rates of noncommunicable diseases (NCD)
 - Prevalence for key health conditions such as stroke is increasing as much as 50%
- Severe disability related to ageing populations and NCD has increased by 25% between 2006-2016

People are **living longer**
because **health systems are**
stronger,

but often with **chronic illness**
and impairment



R



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Rehabilitation for health and well-being

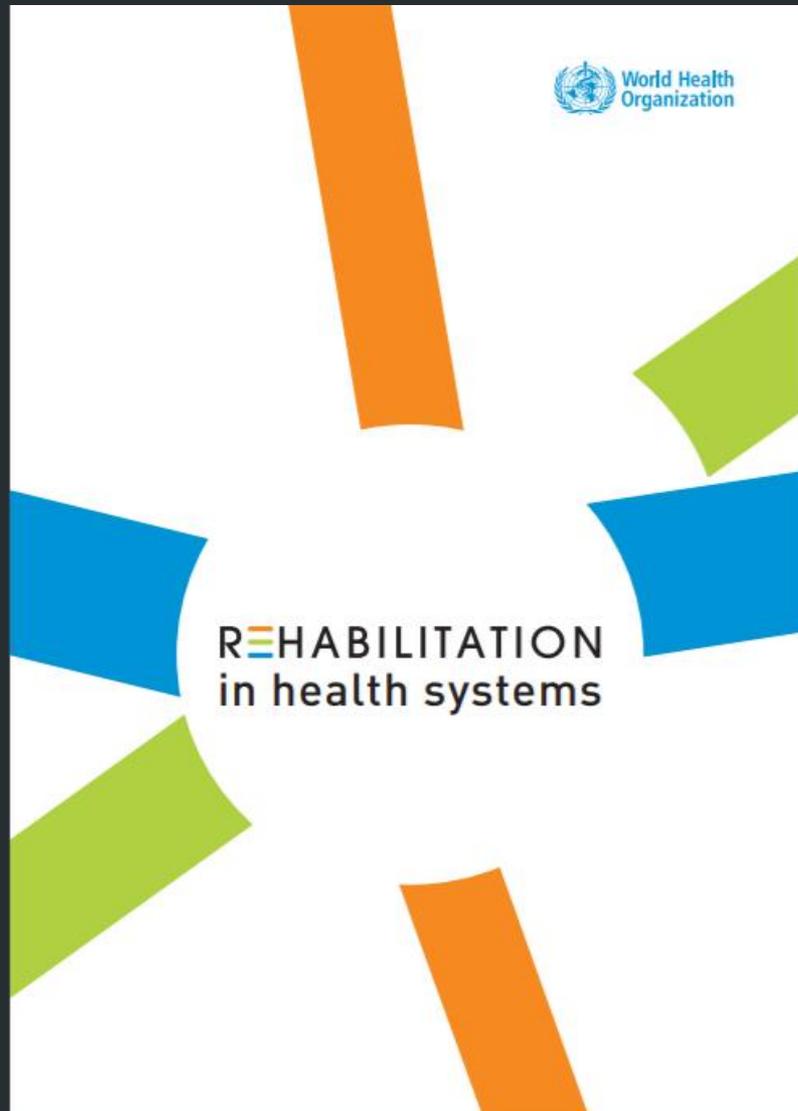
Rehabilitation allows people to **maximize daily functioning** to communicate, move and take care of themselves

Benefits extend to education, employment, and other areas of life, **impacting positively on families and communities**

Reduces length-of-stay in hospital, decreasing re-admissions, costs and potentially fatal complications

Rehabilitation is part of **universal health coverage** and the **continuum of care** for everyone, but is still often seen as a specific service for persons with disabilities

Rehabilitation and WHO



Rehabilitation

is a set of **interventions** designed to **optimize functioning and reduce disability**

in **individuals with health conditions**

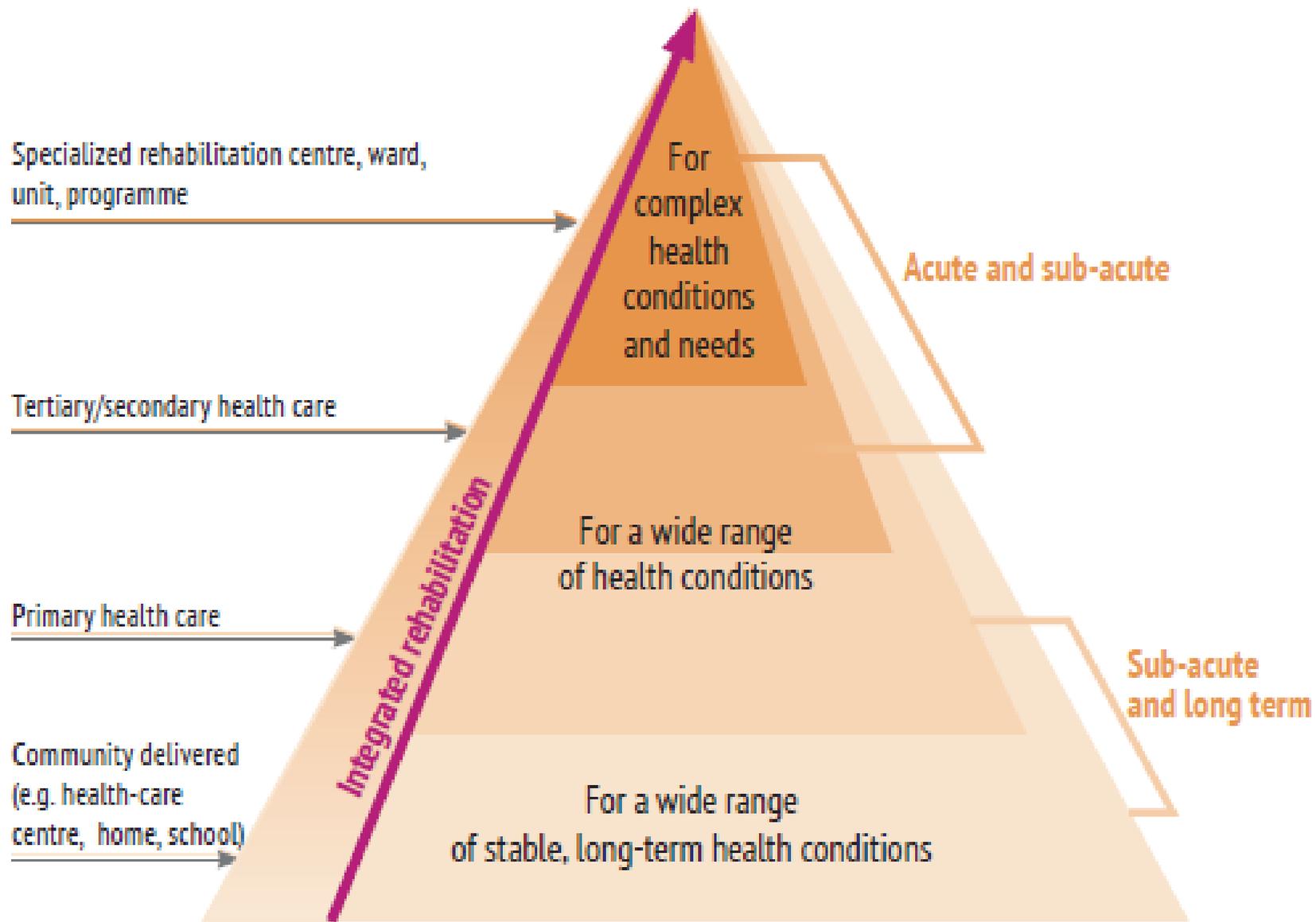
in interaction with their environment

Universal Health Coverage

- Provision of quality, **essential services** for
 - Health promotion,
 - Prevention,
 - Treatment,
 - **Rehabilitation** and
 - palliation**according to need**
- Protection from **financial hardship**

Strengthening the Health System





Rehabilitation Country Strategic Planning

FOUR-STEP PROCESS

ACCOMPANYING TOOLS

1. Determine situation

Standard Assessment of Rehabilitation (STAR)

2. Develop rehabilitation strategic plan

Guidance for Rehabilitation Strategic Planning (GRASP)

3. Establish rehabilitation monitoring framework and evaluation and review processes

Framework for Rehabilitation Monitoring and Evaluation (FRAME)

4. Implement

Action on Rehabilitation (ACTOR)

Package of Rehabilitation Interventions

- Essential for low-resource countries in particular to move towards Universal Health Coverage
- Provide a starting point to build on (progressive realization)
- Ensure rehabilitation interventions are delivered based on **population needs**, not factors such as:
 - Professional's scope of practice
 - Visibility of certain conditions
 - The priorities of development partners or funding bodies

Package of Rehabilitation Interventions

Tertiary

National,
Referral
hospitals
Specialist
centres



Secondary

District hospitals



Primary

Clinics, health
centres



Community

Homes, schools,
workplaces



- Workforce
- Equipment & consumables
- Assistive products
- Infrastructure

WHO Rehabilitation Competency Framework

- A profession-neutral framework capturing the values, knowledge, skills, and behaviors required to deliver rehabilitation interventions
- Aligned with the WHO Package of Rehabilitation Interventions (provides scope of technical areas covered)

Global Cooperation on Assistive Technology (GATE)



World Health Organization

EQUIPPING, ENABLING AND EMPOWERING

Priority Assistive Products List



Improving access to assistive technology for everyone, everywhere



The GATE Initiative



Rehabilitation and Disability in the Western Pacific (survey)

- There is very limited rehabilitation available in most lower and upper middle-income countries even though it is an essential health strategy;
- it is suggested that rehabilitation requires more significant planning and investment by ministries of health.

Regional Framework on Rehabilitation



Western Pacific Regional Framework on Rehabilitation

- Rehabilitation should be **integrated** into all levels of the health system



- **Relevant to all health conditions** that impact on a person's daily functioning

Regional Framework on Rehabilitation

Foundations

- Rehabilitation is essential for the realization of health
- Rehabilitation is for all and part of UHC
- Rehabilitation is about functioning

Priority areas for the Framework:

1. Service availability and quality
2. Governance and financing
3. Workforce development
4. Data and research

1 NO POVERTY



2 ZERO HUNGER



3 GOOD HEALTH AND WELL-BEING



4 QUALITY EDUCATION



5 GENDER EQUALITY



6 CLEAN WATER AND SANITATION



7 AFFORDABLE AND CLEAN ENERGY



8 DECENT WORK AND ECONOMIC GROWTH



9 INDUSTRY, INNOVATION AND INFRASTRUCTURE



10 REDUCED INEQUALITIES



11 SUSTAINABLE CITIES AND COMMUNITIES



12 RESPONSIBLE CONSUMPTION AND PRODUCTION



13 CLIMATE ACTION



14 LIFE BELOW WATER



15 LIFE ON LAND



16 PEACE AND JUSTICE STRONG INSTITUTIONS



17 PARTNERSHIPS FOR THE GOALS



THE GLOBAL GOALS
For Sustainable Development

WHO Country Support

- Solomon Islands - Rehabilitation Strategic Planning (Mongolia, Philippines and Viet Nam)
- Cambodia - Stroke Rehabilitation Toolkit for families
- Pacific Assistive Products Procurement Feasibility Study
- Psychosocial Rehabilitation and human rights training

Darryl Barrett
World Health Organization
Western Pacific Regional Office
UN Avenue
Ermita, Manila 1000
Philippines

Email: dbarrett@who.int

Website: <http://www.who.int/rehabilitation>